

# Registration form for Residential Anapana Children's Course

Page 1 –To be filled by participants

Page 2- To be filled by parents/guardians

Date of Course : Beginning ..... End..... Place .....

Age: 8-11       12-18       Male       Female

Full Name :.....

Address : .....

Telephone No: Residence..... Mobile No.: .....

Email id :.....

Name of person who has motivated you to join this course.....

What are your expectations from this course?.....

.....

Write something about yourself : .....

.....

Mother Tongue : ..... Do you understand Hindi ?.....

Have you participated in an Anapana Course before? Yes  No

If your answer is yes, please fill following points a and b If no, then fill up point b only

**Point a) : For old students only**

a) When have you sat your first course? ..... Where ?.....

70 mins course..... 1 day course..... 2/3 day course residential.....

How many courses have you attended ?..... Do you practice at home or in school?

When? .....

Have you noticed any change in yourself ?

**Part b) for all participants: Will you follow all the rules of the course ?**

Signature: - ..... Date.....

**Parents / Guardians please fill this Form**

Date of Course : Beginning ..... End ..... Place .....

Full Name : .....

Address : .....

Telephone No: Residence ..... Mobile No.: .....

Email id : .....

Have you sat a 10 day Vipassana course as taught by S N. Goenka ji?      Yes / No

Your relation with the participant ..... Mother/Father/ Gaurdian

Does your participant have any physical or mental disease? If yes, please write about it

.....

If he/she is on any medication, please write the name and dosage.....

If management needs to know about any food allergies, please specify.....

.....

Where will you be during the duration of the course? If it is different from the address given above,  
please give the appropriate address here:.....

.....

Have you discussed the course with your child/ward? Is he/she willing to participate? .....

**Note:** Please do not send any gadgets along with the child like music gadgets, tablet, mobile, books,  
etc. If any such material is found, it will be kept in office custody and returned at the end of the  
course.

Your permission is mandatory for your child / ward to join this course. Kindly sign form below.

Signature: - ..... Date .....